LEINSTER KART CLUB

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COVID 19 POLICY & EVENT GUIDELINES

INTRODUCTION

Leinster Kart Club welcome you back to karting the Covid 19 Policy has been put in place for your health and safety at LKC meetings and inline with the national public health guidelines, the policy is to protect all entrants, officials, marshalls and volunteers. New changes have been brought in and we encourage you all to read fully and explain to your child and we look forward to seeing you at our next race meeting. On the day of racing we encourage you to respect each other at LKC events. LKC wishes everyone taking part in our events stay safe. If you have any queries on our policy you can email the club.

Thank You

LKC Committee

How Coronavirus Spreads & Symptoms

Coronavirus (COVID-19) is spread in sneeze or cough droplets.

You could get the virus if you:

- come into close contact with someone who has the virus and is coughing or sneezing
- touch surfaces that someone who has the virus has coughed or sneezed on and bring your unwashed hands to your face (eyes, nose or mouth)

Common symptoms of coronavirus include:

- <u>a fever (high temperature 38 degrees Celsius or above)</u>
- <u>a cough</u> this can be any kind of cough, not just dry
- shortness of breath or breathing difficulties
- <u>loss or change to your sense of smell or taste</u> this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
- If you have any of the above symptoms or feel unwell stay at home and should seek medical advice and always call the doctor or health centre before calling into.
- Any personnel living with a person who is self-isolating/ waiting on a COVID-19 test or result/ or who has been in close contact with a person who has COVID-19 must self-isolate and not attend the event.

Preventing Coronavirus

- Wash your hands frequently with soap and water or with a alcohol-based hand sanitiser. We would recommend you bring your own as well.
- Everyone attending LKC events must wear face mask or face shield except children u12, mechanics to wear gloves.
- Social distancing of 2 metres between everyone must be maintained at all times parents to monitor their children to ensure this is maintained.
- No physical contact or social gatherings.
- No public/spectators may enter the venue.
- Driver +1 is allowed entry on the day. If a entrant has more than one person who would like to attend, LKC have a requirement for a number of volunteers to perform official duties on the day you can email LKC and your name will be added to the list and we will let you know if we have a suitable role available.
- Avoid sharing personnal equipment mechanics to clean equipment frequently.
- Temperature check will be done at entry, anyone with a temperature over 38 degrees Celsius will be double checked again and if still above 38 degrees Celsius you will not be allowed to enter the track and should seek medical advice immediately for testing.
- If anyone is not following the Covid 19 guidelines you will be asked to leave the venue.
- Covid Compliance Officer will be present at the event.
- Everyone attending the event must adhere to parking arrangements in place and to officials instruction's on the day.
- As we are in Phase 3 of the Government's revised roadmap to opening we are only allowed 200 people at the event.
- Scooters & bikes are forbidden at the event.
- Club House is out of bounds during the race meeting unless you are instructed by an official to enter. Ladies only are aloud to use the toilets in the clubhouse entry will be from the back door only.
- If there is more than 1 entrant in an awning there must be adequate distance between other karts to allow for work on the karts and within the social distance of 2 metres.
- Parents/Guardians to explain the instructions of this policy to their child.
- LKC is encouraging everyone who has a smartphone and will be attending the LKC events to download and register with the Covid 19 App and log into it every day.
- Anyone that doesn't comply with LKC Covid 19 instructions will be asked to leave the event.
- All Vehicle's will be checked on entry to the track for head count of people and we have their Medical Declaration if you have unauthorised person in your vehicle you will all be asked to leave the track and you will be dismissed from racing at LKC events.
- Spitting is strictly forbidden.

RACE ENTRY & SIGN ON

- On line entry only no entries excepted after closing date no exceptions will be made, if you turn up on Sunday with no entry you will be asked to leave.
- Payment can be made with credit/debit card at the venue at sign on if paying by cash exact fee must be put in an envelope with entrant name
- Indemnity form to be completed online.
- Covid Self Medical Declaration to be completed online All officals, entrants, mechanics
 and parents attending a LKC event must fill in this form, anyone that has been outside of
 Ireland (except Northern Ireland and also the Countries that are listed on the Governments
 Green List) for any reason you will not be allowed to attend a LKC event for 14 days from
 your returned date, if you declare false information you will be asked to leave the venue and
 reported to the Covid 19 Compliance Officer on the day.

DRIVERS BRIEFYING

• Drivers briefying will be done outside with junior drivers and then senior drivers, at drivers briefying all must respect the 2m rule.

PRE-RACE SCRUTINY

- It will be on the onus of the driver or mechanic to have the kart race prepared there will be random checks, scrutiny will be only done to new drivers in the morning before practice to make sure they have their kart properly race prepared. When your kart is being scrutineered you will maintain a social distance of 2 metres.
- Scrutiny Declaration form must be filled in and submitted, form available on website.

HEATS & POST RACE SCRUTINY

- All drivers must have their helmets on coming up to the grid and leave on until after the race and they are back at their area/awning, if a driver wishes to remove their helmet a face mask is mandatory and mechanic must have face mask on.
- Grid position will be given on entry to grid of your race only.
- Driver's must respect the 2 metre rule with mechanic (if not family related) and with others on the grid
- A mechanic/driver may help any mechanic/driver put a kart on the grid but keeping the social distance rule.
- Grid is open once previous grid has entered the race track and gate to track is closed.
- No smoking on grid or parc ferme.
- No reving of kart on a stand or on the ground at the grid you will be asked to leave the grid for that race.
- When karts have left the grid the mechanic is to remove trolly from the grid.
- When watching the racing mechanics/parents to maintain 2 metre distance if not related.
- Bambino, Novice Cadets, and Cadet race only 6 helpers are allowed out on track one at each marshall post hi-vis vest must be worn and not shared with any one else and face mask must be worn all times out on track

POST RACE SCRUTINY

- After heats & finals driver to stay in their karts until scrutineers say other wise, driver to
 drive slowly/push their kart onto the scales, social distancing must be respected at the
 weighbridge area.
- Mechanics not allowed in Parc Ferme unless instructed by scrutineers
- Collecting kart from Parc Ferme Procedure See attached map.
- Bambino, novice cadet & cadet helpers on track not allowed into parc ferme after the race unless instructed by scrutineers at entry from track to parc ferme.
- Any kart that is called for technical check to follow instructions of scrutineer, mechanic only to stay with kart, driver to return to their awning.
- At entrance gate to Parc Ferme mechanics to obey social distance measures when collecting kart from Parc Ferme.
- When scrutineer is technical checking your kart stand away while they are doing their checks
- Scrutineers to wear face mask and gloves at all times at LKC events.

MARSHALS

- If there is more than 1 marshall at a post full social distance is adhered to unless otherwise.
- Marshall's to wear face masks and gloves at all times.
- Marshall's to stay at their a signed post for the day.
- If there is an accident and the driver is okay, driver to give the marshall a thumbs up and move themself and kart to a safe position and driver to leave their helmet on.
- If there is an accident follow the instructions of the COC and the medical personnel.

PRIZEGIVING

Prize giving will take place outside weather depending.

CATERING

• At catering facility maintain social distance rule and obey to their regulations.

AMBULANCES

- Incase of an medical attention follow the instructions of the medical people on the day.
- Ambulances should be avoided other than for serious injury/illness you are encouraged to bring and use your own first aid kits in the event of minor injury/illness.
- Ambulance is only restricted to medical personnel and patients only.

PHOTOGRAPHERS

• To email LKC if they wish to come to the event you will not be allowed to enter on the morning of the event unless you are on the entry list.

